

SUPPORTIVE CARE FOR HEALING



THE UNIVERSITY OF ARIZONA CANCER CENTER

- A National Cancer Institute-designated Comprehensive Cancer Center
- Comprehensive healing groups for education and support
- Palliative care, counseling, psychiatry and survivorship services

Multidisciplinary Approach to Care

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▶ **A team of physicians, nurses, social workers, nutritionists and therapists provide an array of consultations and ongoing treatments to promote healing through the cancer journey.**

Psychosocial Oncology

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▶ **Consultation and multidisciplinary psychosocial care for patients, families and other support providers**

- Oncology social work – counseling, education and accessing resources
- Psychotherapy support
- Psychiatry consultation and treatment, integrated within the cancer treatment team
- Collaborative team approach to treatment of depression
- Living with Cancer support group for all patients and others touched by cancer
- Monthly educational support series
- Patient advocacy
- Partners in Survival Program
- Support groups

Comprehensive Healing Groups

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▶ **The Seven Levels of Healing®** – An education and support program to help patients and families skillfully and effectively navigate their journey through cancer.

Eye of the Hurricane® – An advanced, transformative mind-body medicine group for patients, providing an array of skills to build resilience.

Education, Coordination and Navigation

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▶ **Support for educated and informed decision making and self care**

- Oncology nursing care coordination
- Chemotherapy and radiation therapy classes
- ¡VIDA! bilingual breast cancer lecture series
- Resource Center with library and computers for Web access to the latest cancer information
- Patient navigation and advocacy

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Survivorship Care

Consultation based on whole-person care, providing patients and their families with effective evidence-based interventions to optimize health and reduce the risk of cancer recurrence

- Addressing issues including touch therapies, nutrition, physical activity, stress management, social support and spirituality to support well-being and resiliency during and after cancer treatment
- Complete consultation services and follow-up addressing integration of allopathic and complementary modalities
- Nutrition counseling
- Complementary therapies including massage, acupuncture, yoga, reiki and tai chi
- Better Than Ever fitness program

Palliative Care

Services for symptom management and treatment issues through effective compassionate care

- Consultation for goals of care
- Consultation for symptom management
- Interventional pain services

The Team

Program Coordinator, Supportive Care Services

Shawn Mulligan, RN, BSN, MS:
(520) 694-0384

Survivorship Care

Marnie Lamm, MD
Fanny Bangoura, MD

Psychiatry

Mark Gilbert, MD
Karen Weihs, MD

Palliative Care

Ellyn Lee, MD
Emily DesChamps, NP
Emil Annabi, MD
Linda Snyder, MD

Patient Advocate

Ardie DelForge, RN: (520) 694-9024

Better Than Ever Fitness Program

Marisa Allen: (520) 626-7177

Front Line Social Workers - UACC — North Campus

Women's Cancer

Brenda Casey, LMSW: (520) 694-0347

Other Cancers

Jill Winter, LMSW: (520) 694-0845
Lynn Barwick, LCSW: (520) 694-1855
Xochitl Gaxiola, LMSW (bilingual): (520) 694-4650

Radiation Oncology Social Workers

Marsha Drozdoff, LCSW: (520) 694-4605
Kathleen Pickrel, LMSW: (520) 694-4786

Nutritionist

Michelle Bratton, RD: (520) 694-1826

American Cancer Society Patient Navigator

Lisa Reynolds: (520) 694-0826

Orange Grove Social Worker

Linda Jones, MSW: (520) 694-8920

Contact Us

Our Locations:

University of Arizona
Cancer Center
1515 N. Campbell Ave.
Tucson, Arizona 85724

University of Arizona
Cancer Center—North Campus
3838 N. Campbell Ave.
Tucson, Arizona 85719

University of Arizona
Cancer Center—Orange Grove
1891 W. Orange Grove Rd.
Tucson, Arizona 85704

University of Arizona Medical
Center—University Campus
1501 N. Campbell Ave.
Tucson, Arizona 85724

Appointments: UACC – North Campus (520) 694-CURE (2873)

Touch Therapy Appointments and Supportive Care Volunteer Desk: (520) 694-1812

Seven Levels of Healing: (520) 694-0383

Eye of the Hurricane: (520) 626-6586

Web: www.arizonacancercenter.org



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